

Crystal Activation

In order for your crystals to optimally provide you with the benefits they have to offer, activating them is an important step that should not be overlooked.

Even though it may be tempting to use your (new) crystals right away, making sure your crystals are activated before use is a sure-fire way to be able to enjoy them in their purest form.

Smudging with Sage:

In order to activate your crystals with sage, it is best advised to light up the end of your sage smudge stick and put it in a deep metal bowl or Abalone shell. Once the sage is burning, blow out the flame so it will generate smoke. Wave your crystals gently through the smoke to activate them.

Incense:

To activate crystals with incense, it is best advised to light up the end of an incense stick and let it burn for a few seconds in order to allow it to generate smoke. When the incense is smoking, pass your crystals through the smoke while making sure to keep positive affirmations in your mind.

Selenite:

Activating your crystals with Selenite is one of the safest and easiest methods out there. In order to activate your crystals with selenite, place the crystals you'd like to activate in direct contact with your selenite piece and let them rest for at least 24 hours.

Full Moon:

When looking to activate crystals during a full moon, this can be done by placing the crystals you want to activate in either your windowsill or directly on your balcony or in your garden throughout the entire night. Make sure to collect your crystals before the sun comes up.

With Intention:

Activating your crystals by using intention and affirmations is a very powerful method. While sending positive intentions and affirmation towards your crystal, hold it in your hand and imagine a ball of energy activating your crystal(s). Make sure to solely focus on optimistic purposes and desires.

